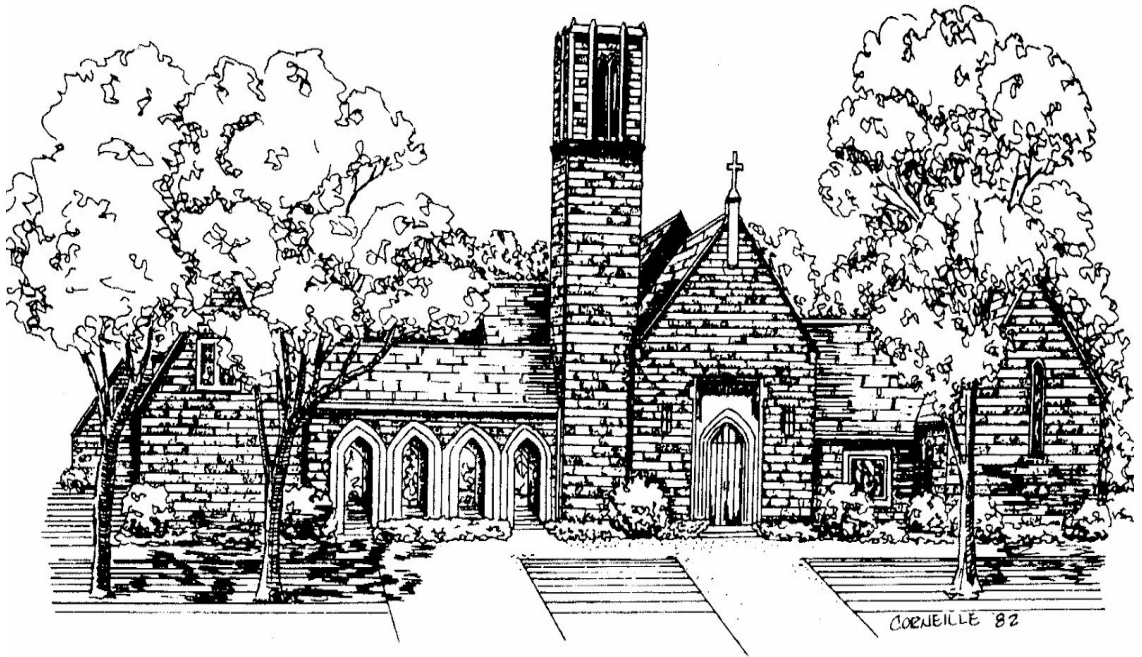


Welcome to St. Mary's Episcopal Church

Kinston, North Carolina



St. Mary's: Serving with JOY!

The mission of St. Mary's Episcopal Church is to bear God's Good News through joyful worship, Christ-centered teaching, compassionate care, and intentional relationships.

The Tenth Sunday after Pentecost

The Holy Eucharist Rite 2 - Spiritual Communion

August 9, 2020

9:30 a.m. (Outdoor Worship)

Welcome to St. Mary's Episcopal Church!

We are now offering two Sunday worship opportunities. One will be an online pre-recorded liturgy. The other will be an outdoor public liturgy (weather permitting), following the parameters outlined in [Fr. Tom's Pastoral Letter of May 14](#) and in accordance with current state Executive Orders and [guidelines from the Episcopal Diocese of East Carolina](#).

For worshipers gathering in person, we thank you for taking seriously the measures that are in place that allow us to gather safely, especially observing six feet of physical distancing between members of unique households at all times and refraining from congregational singing. We also encourage all present to wear a face covering. These practices will make our time together safer and are appreciated as signs of love for one another.

Today's liturgy of Spiritual Communion is observed in keeping with The Book of Common Prayer's reminder that if one is unable to physically consume the consecrated bread and wine, the desire alone is enough for God to grant all the benefits of communion. This act of prayer and meditation can provide the means by which we can associate ourselves with the Eucharistic Action and open ourselves to God's grace and blessing.

All page numbers refer to the Book of Common Prayer.

SERVERS IN THIS LITURGY:

Officiant & Preacher: Dave Davis

Organist: Sharon Veitch

Online liturgy - Michael Adams (vocals) & Ilya Sarasohn (flute)

Outdoor Liturgy - Marcus Jones (vocals) & Seraphim Smith (recorder)

Lectors: Susan Fox & PC Barwick

The people may remain seated as this hymn is sung by the soloist.

Hymn #390

“Praise to the Lord, the Almighty”

Descant

4 Praise to the Lord! O let all that is in me a -

1 Praise to the Lord, the Al - might - y, the King of cre -
2 Praise to the Lord; o - ver all things he glo - rious - ly
3 Praise to the Lord, who doth pros - per thy way and de -
4 Praise to the Lord! O let all that is in me a -

dore him! All that hath life and breath come now with

a - tion; O my soul, praise him, for he is thy
reign - eth: borne as on ea - gle - wings, safe - ly his
fend thee; sure - ly his good - ness and mer - cy shall
dore him! All that hath life and breath come now with



prais - es be - fore him! Let the a - men sound from his

health and sal - va - tion: join the great throng, psal - ter - y,
saints he sus - tain - eth. Hast thou not seen how all thou
ev - er at - tend thee; pon - der a - new what the Al -
prais - es be - fore him! Let the a - men sound from his

peo - ple a - gain; glad - ly for ev - er a - dore him.

or - gan, and song, sound - ing in glad ad - o - ra - tion.
need - est hath been grant - ed in what he or - dain - eth?
might - y can do, who with his love doth be - friend thee.
peo - ple a - gain; glad - ly for ev - er a - dore him.

Words: Joachim Neander

Music: *Lobe den Herren*

Officiant Blessed be God: Father, Son, and Holy Spirit.

People ***And blessed be his kingdom, now and for ever. Amen.***

Officiant

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. ***Amen.***

Officiant Lord, have mercy.
People ***Christ, have mercy.***
Officiant Lord, have mercy.

The Collect of the Day

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Officiant The Lord be with you.
People ***And also with you.***
Officiant Let us pray.

Grant to us, Lord, we pray, the spirit to think and do always those things that are right, that we, who cannot exist without you, may by you be enabled to live according to your will; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. ***Amen.***

The Lessons

All may be seated for the readings

A Reading from the first Book of Kings:

[19:9-18]

At Horeb, the mount of God, Elijah came to a cave, and spent the night there. Then the word of the Lord came to him, saying, "What are you doing here, Elijah?" He answered, "I have been very zealous for the Lord, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away."

He said, "Go out and stand on the mountain before the Lord, for the Lord is about to pass by." Now there was a great wind, so strong that it was splitting mountains and breaking rocks in pieces before the Lord, but the Lord was not in the wind; and after the wind an earthquake, but the Lord was not in the fire; and after the fire a sound of sheer silence. When Elijah heard it, he wrapped his face in his mantle and went out and stood at the entrance of the cave. Then there came a voice to him that said, "What are you doing here, Elijah?" He answered, "I have been very zealous for the Lord, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away." Then the Lord said to him, "Go, return on your way to the wilderness of Damascus; when you arrive, you shall anoint Hazael as king over Aram. Also you shall anoint Jehu son of Nimshi as king over Israel; and you shall anoint Elisha son of Shaphat of Abel-meholah as prophet in your place. Whoever escapes from the sword of Hazael, Jehu shall kill; and whoever escapes from the sword of Jehu, Elisha shall

kill. Yet I will leave seven thousand in Israel, all the knees that have not bowed to Baal, and every mouth that has not kissed him.”

Lector The Word of the Lord. *People* ***Thanks be to God.***

Psalm 85:8-13

8 I will listen to what the Lord God is saying, *
for he is speaking peace to his faithful people
and to those who turn their hearts to him.

9 Truly, his salvation is very near to those who fear him, *
that his glory may dwell in our land.

10 Mercy and truth have met together; *
righteousness and peace have kissed each other.

11 Truth shall spring up from the earth, *
and righteousness shall look down from heaven.

12 The Lord will indeed grant prosperity, *
and our land will yield its increase.

13 Righteousness shall go before him, *
and peace shall be a pathway for his feet.

A Reading from St. Paul's Letter to the Church in Rome:

[10:5-15]

Moses writes concerning the righteousness that comes from the law, that “the person who does these things will live by them.” But the righteousness that comes from faith says, “Do not say in your heart, ‘Who will ascend into heaven?’” (that is, to bring Christ down) “or ‘Who will descend into the abyss?’” (that is, to bring Christ up from the dead). But what does it say?

“The word is near you,
on your lips and in your heart”

(that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, “No one who believes in him will be put to shame.” For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, “Everyone who calls on the name of the Lord shall be saved.”

But how are they to call on one in whom they have not believed? And how are they to believe in one of whom they have never heard? And how are they to hear

without someone to proclaim him? And how are they to proclaim him unless they are sent? As it is written, “How beautiful are the feet of those who bring good news!”

Lector The Word of the Lord. *People* ***Thanks be to God.***

The Holy Gospel

Matthew 14:22-33

All stand as they are able.

Gospeler The Holy Gospel of our Lord Jesus Christ according to Matthew.

People ***Glory to you, Lord Christ.***

Jesus made the disciples get into the boat and go on ahead to the other side, while he dismissed the crowds. And after he had dismissed the crowds, he went up the mountain by himself to pray. When evening came, he was there alone, but by this time the boat, battered by the waves, was far from the land, for the wind was against them. And early in the morning he came walking toward them on the sea. But when the disciples saw him walking on the sea, they were terrified, saying, “It is a ghost!” And they cried out in fear. But immediately Jesus spoke to them and said, “Take heart, it is I; do not be afraid.”

Peter answered him, “Lord, if it is you, command me to come to you on the water.” He said, “Come.” So Peter got out of the boat, started walking on the water, and came toward Jesus. But when he noticed the strong wind, he became frightened, and beginning to sink, he cried out, “Lord, save me!” Jesus immediately reached out his hand and caught him, saying to him, “You of little faith, why did you doubt?” When they got into the boat, the wind ceased. And those in the boat worshiped him, saying, “Truly you are the Son of God.”

The Gospel of the Lord. *People* ***Praise to you, Lord Christ.***

All may be seated.

The Sermon

Fr. Dave Davis

The Nicene Creed

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We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he

ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

All stand as they are able.

The Prayers of the People, Form III

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Father, we pray for your holy Catholic Church;
That we all may be one.

Grant that every member of the Church may truly and humbly serve you;
That your Name may be glorified by all people.

We pray for Justin, the Archbishop of Canterbury; Michael, our Presiding Bishop; Rob, our diocesan bishop; and all bishops, priests, and deacons;
That they may be faithful ministers of your Word and Sacraments.

We pray for all who govern and hold authority in the nations of the world, especially Donald, our President; Roy, our Governor; and Don, our Mayor;
That there may be justice and peace on the earth.

Give us grace to do your will in all that we undertake;
That our works may find favor in your sight.

Have compassion on those who suffer from any grief or trouble. We especially pray for all who are on the St. Mary's parish prayer list and those whose lives and livelihoods have been seriously impacted by the coronavirus pandemic.
That they may be delivered from their distress.

Give to the departed eternal rest.
Let light perpetual shine upon them.

We praise you for your saints who have entered into joy;
May we also come to share in your heavenly kingdom.

Let us pray for our own needs and those of others.
Prayers may be lifted aloud or in the silence of our hearts at this time.

The Officiant concludes with a Prayer for the Power of the Spirit Among the People of God:

God of all power and love, we give thanks for your unfailing presence and the hope you provide in times of uncertainty and loss. Send your Holy Spirit to enkindle in us your holy fire. Revive us to live as Christ's body in the world: a people who pray, worship, learn, break bread, share life, heal neighbors, bear good news, seek justice, rest and grow in the Spirit. Wherever and however we gather, unite us in common prayer and send us in common mission, that we and the whole creation might be restored and renewed, through Jesus Christ our Lord. **Amen.**

The Confession

Page 320

Officiant Let us confess our sins against God and our neighbor.

Minister and People

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Bishop when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

Officiant The peace of the Lord be always with you.

People ***And also with you.***

The outdoor liturgy includes announcements & offertory musical selection (Pg. 11) at this time.

Announcements & Offertory Hymn

An Act of Spiritual Communion

All stand as they are able. The Officiant continues with the invitation.

I invite you now to join in an act of spiritual communion whereby we seek with heart and body to make our full communion with God, beginning with the words our Lord Himself taught us to pray:

The Lord's Prayer

Page 364

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Agnus Dei

Page 337

Lamb of God, you take away the sins of the world, *have mercy on us.*

Lamb of God, you take away the sins of the world, *have mercy on us.*

Lamb of God, you take away the sins of the world, *grant us peace.*

In union, O Lord, with your faithful people at every altar of your Church, where the Holy Eucharist is now being celebrated, we desire to offer to you praise and thanksgiving. We remember your death, Lord Christ; we proclaim your resurrection; we await your coming in glory.

And since we cannot receive you today in the Sacrament of your Body and Blood, we beseech you to come spiritually into our hearts. Cleanse and strengthen us with your grace, Lord Jesus, and let us never be separated from you. May we live in you, and you in us, in this life and in the life to come. Amen.

The Postcommunion Prayer

God of Life, who for our redemption gave your only-begotten Son to the death of the cross, and by his glorious resurrection have delivered us from the power of our enemy: grant us so to die daily to sin, that we may evermore live with him in the joy of his risen life; through Jesus Christ our Lord. Amen.

The Blessing & Dismissal

Officiant Let us go forth into the world, rejoicing in the power of the Spirit.

People ***Thanks be to God.***

The people may remain seated as this hymn is sung by the soloist.

Closing/Offertory Hymn LEVAS II #79

“Jesus, lover of my soul”

1. Je - sus, lov - er of my soul, Let me to thy bo - som fly,
2. Oth - er ref - uge have I none, Hangs my help - less soul on thee;
3. Plen-teous grace with thee is found, Grace to cleanse from ev - 'ry sin;

1. While the near - er wa - ters roll, While the tem-pest still is high;
2. Leave, ah! Leave me not a - lone, Still sup-port and com - fort me!
3. Let the heal - ing streams a - bound, Make and keep me pure with - in.

1. Hide me, O my Sa - vior, hide, Till the storm of life be past;
2. All my trust on thee is stayed; All my help from thee I bring;
3. Thou of life the foun - tain art, Free - ly let me take of thee:

1. Safe in - to the ha - ven guide, O re-ceive my soul at last.
2. Cov - er my de - fence-less head With the sha-dow of thy wing.
3. Spring thou up with - in my heart, Rise to all e - ter - ni - ty.

Words: Charles Wesley

Music: Charles Wesley and Simeon B. Marsh

ANNOUNCEMENTS

This Week's Schedule – August 9, 2020

| | | |
|-------|----------|--|
| Sun. | 8:00 pm | AA meets in Moseley Hall |
| Tues. | 6:30 pm | Education for Ministry - Email Jon Sargeant for the Zoom link. |
| Wed. | 7:00 am | Men's Prayer Breakfast - Email Gerry Fox for the Zoom link. |
| | 11:00 am | St. Mary's Staff Meeting |
| Sat. | 7-8am | F3 @ Bill Fay Park |

WELCOME BACK to Fr. Dave Davis! Fr. Dave is preaching in the digital liturgy and leading the in-person liturgy this Sunday and next during Fr. Tom's time away. We are grateful for your presence and ministry with us!

WELCOME to Marcus Jones as this year's Choral Scholar. The Choral Scholar program is made possible by the Simon Sitterson Fund and we are grateful that Marcus will be leading us in vocal music during this season. Welcome, Marcus!

FATHER TOM will be away for family vacation until Sunday, August 23. He will also have Coast Guard duty for many of the following weekdays and will return to his Church Study on Wed., Sep. 2. In the event of a pastoral care need during this time, please contact our Sr. Warden, Jo Parrott (252-521-5591; jojoparrott@yahoo.com), who will be able to reach our on-call clergy, Fr. Gene Carpenter.

A NEW EfM CLASS BEGINS TUESDAYS @ 6:30pm! - Education for Ministry is a rich and wonderful opportunity for diving deeper into your life of faith. Contact Jon Sargeant at jonsargeantattorney@gmail.com to learn more.

F3 NATION IS IN KINSTON! Join men of all ages for Fitness, Fellowship, and Faith on Saturdays in August 7-8am at Bill Fay Park. Contact Chris Jenkins at wjenkins@nccumc.org for more information.

THIS WEEK'S MUSICAL OFFERING is "Thou My Everlasting Portion" by Opal S. Davies: listen to it [here](#). (SJMP License #14639). Enjoy!

STAY CONNECTED - [Access our membership directory here](#).

SUPPORTING THE LIFE OF ST. MARY'S CHURCH - We recognize the incredible impact of this pandemic on every facet of our lives and are grateful for the tithes and offerings that have continued to be sent by mail [and online](#).

DIOCESAN CYCLE OF PRAYER: Grace Church, Plymouth; Interfaith Refugee Ministry, Susan Husson, Director; Lower Cape Fear Deanery, Ms. Lisa Richey, Lay Dean